

Welcome to the HMA National Dental Network, offering an expansive, seamless national network with access to over 100,000 dentists.

Minimize Dental Costs for you and your family with use of the HMA National Dental Network

Although you may choose any dentist, everyone saves when you receive service from dentists on the HMA National Dental Network. Just by choosing network providers, you can help control your costs and out-of-pocket expenses.

## HMA National Dental Network Benefits

### Network Stability + Broad Access = Care Anywhere

Not only is our existing provider network strong and steady, it is still growing. Additionally, our retention rate is exceptionally high with 97%+ of dentists on the panel renewing their contracts each year; most of our provider turnover is due to retirement or practice closure.

When visiting participating dentists, you are only responsible for deductibles and co-insurance amounts according to the plan benefit. That's because our participating providers have agreed to accept our negotiated discounts. Also, HMA National Dental Network pays the claims directly to the dentist.

## HMA National Dental Network

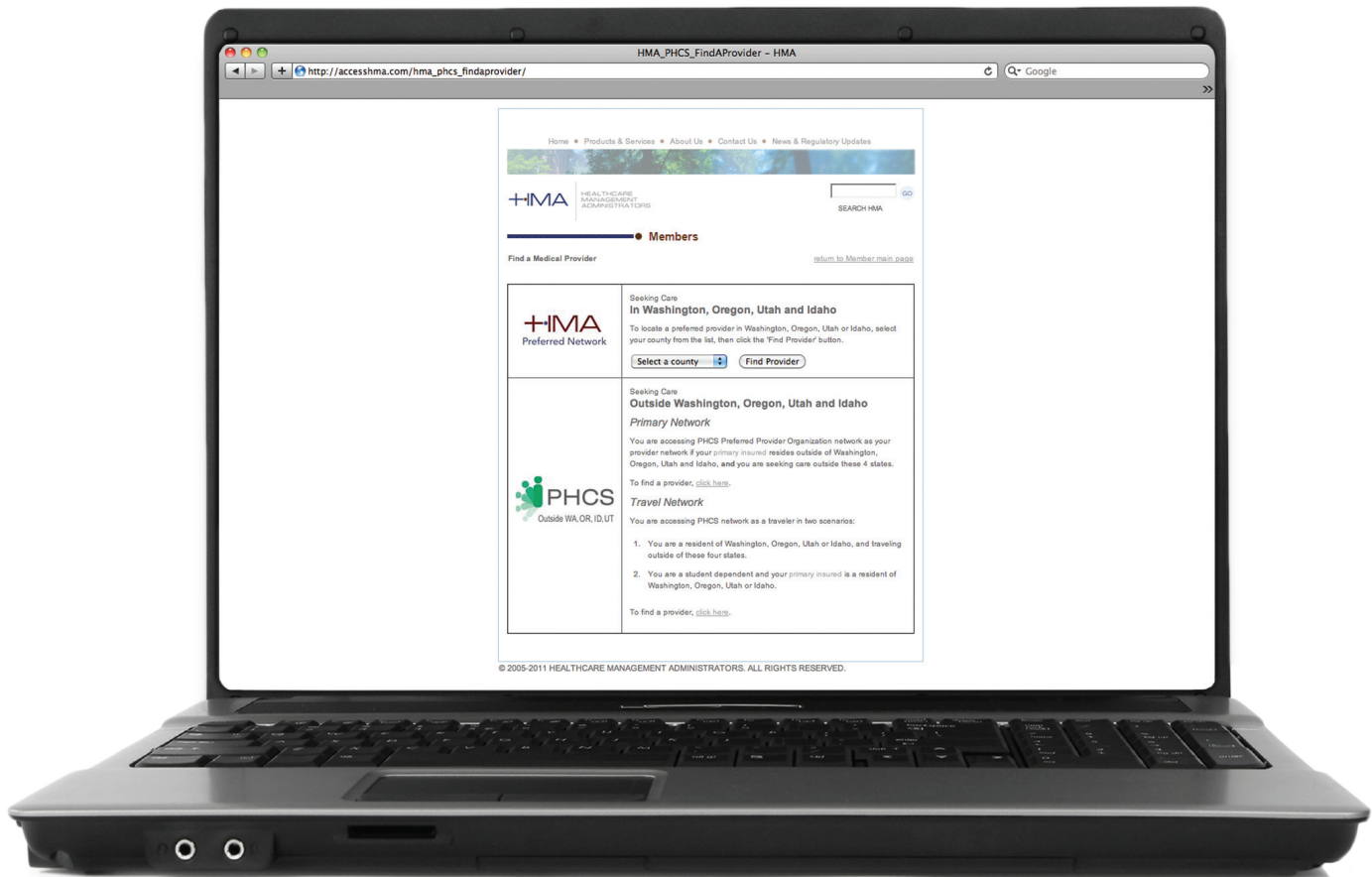
- **Strong Local Presence** that provides access to the largest PPO dental network in the Pacific Northwest and Mountain regions with more than 3,000 participating dental providers. Its roster includes more than 70% of all area dentists and is still growing.
- **Nationwide Access** to more than 100,000 dentists; about 25% of dentists participate with dental networks nationwide.
- **Continuous Contracting Efforts** designed to bring new dentists into the network. If your dentist is not currently participating, tell us and we will make active efforts to contract with him or her. Contact HMA Customer Service at 800.869.7093.

## Our Dental Network

Want more information about your dental coverage? Contact HMA today at **800.869.7093** and we will keep you smiling.

To locate a network provider please visit **[accesshma.com](http://accesshma.com)**





Finding a care provider where you live or travel is easy when you visit [www.accesshma.com](http://www.accesshma.com).

#### To find a provider:

1. Select **“Members”**
2. Select **“Find a Dental Provider”**
3. To narrow your search to include dental providers, it is suggested that you either enter the dental specialty from which you would like to seek care, or select advanced search.