SAVE MONEY ON MAIL ORDER RX

GET CONVENIENT DELIVERY WITH ADDED COST SAVINGS

What are mail order prescriptions?

For prescriptions, you take regularly (these are often called maintenance medications), you'll save time and money by signing up for mail-order. You will have fewer copays when you fill a 60 or 90 day supply of your medication. In addition, you won't have to make a trip to the pharmacy or wait in lines.

Prescriptions are delivered to your home in a weather-resistant pouch. They are shipped using free standard delivery. **Mail order delivery can take up to two weeks, so be sure to have enough medication on hand.**

How to change your current prescriptions to mail order

ONLINE

1. Register and log-in to your Premera account at Premera.com.
2. Click "Prescriptions" at the top of the screen and select "Manage Prescriptions" from the drop down menu.
3. Under the Express Scripts section, click on "Order and Refill" to be directed to the Express Scripts website.
4. Log-in to your Express Scripts account. If it is your first time accessing the site, you will be asked to verify your identity.
5. Select "Request an Rx" on the right side of the screen.
6. Fill out the prescription request form.
7. After you submit the form, Express scripts will contact your doctor to confirm your prescription(s) and then ship you your prescription(s).

BY PHONE

You also can request a prescription transfer to mail delivery by calling **1-800-391-9701**. Have your member information available when you call.

How to set up a new prescription for mail order

Either you or your provider can mail or fax your prescription to Express Scripts.

Send your prescription(s) and a completed **Express Scripts mail order form** to the address specified on the form or fax to 1-800-837-0959.

EXPRESS SCRIPTS®   Premera | BLUE CROSS