

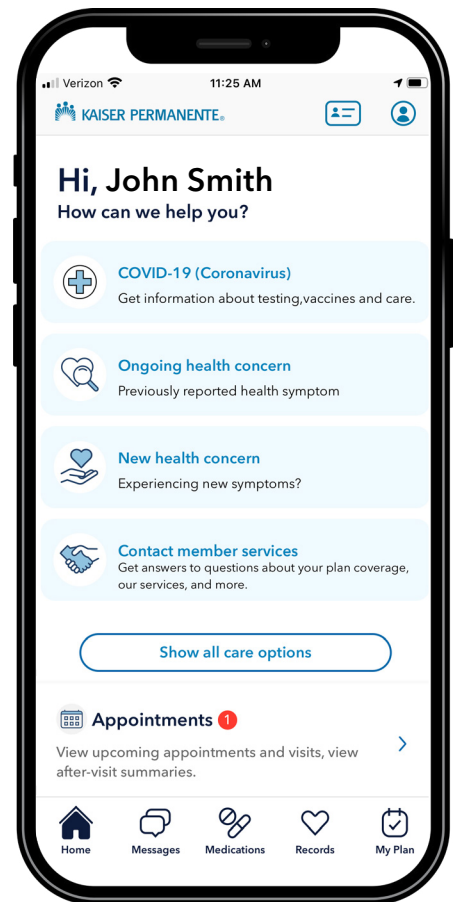
Manage your health with our mobile app



It's easy to connect to care and get helpful resources right from your phone.

Use the **Kaiser Permanente Washington** app to:

- Refill prescriptions
- Message your care team and access Care Chat*
- Connect with the Consulting Nurse Service
- Use your digital member ID card
- See upcoming appointments
- Review after-visit summaries
- View your coverage documents, Explanation of Benefits, benefits usage status, and pay bills



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*When appropriate and available. These features are available when you get care at Kaiser Permanente facilities. If you travel out of state, virtual care could be limited due to state laws that may prevent doctors from providing care across state lines. Laws differ by state.

How to get online access via the mobile app

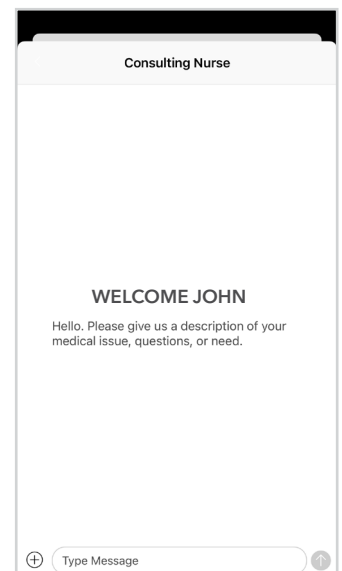
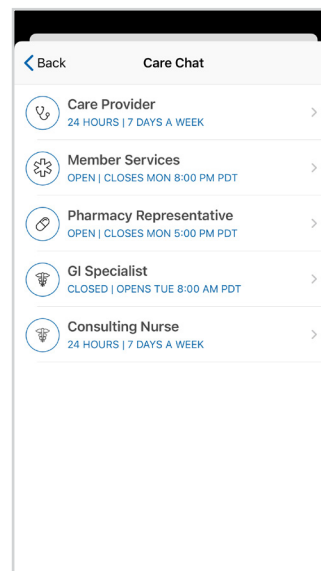
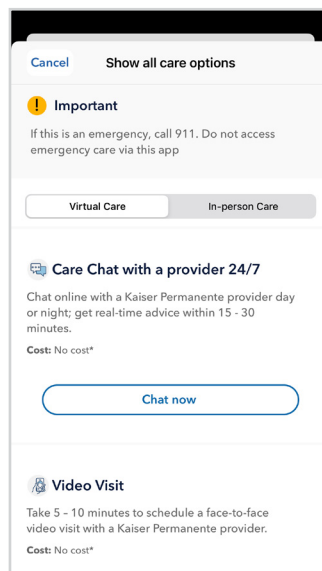
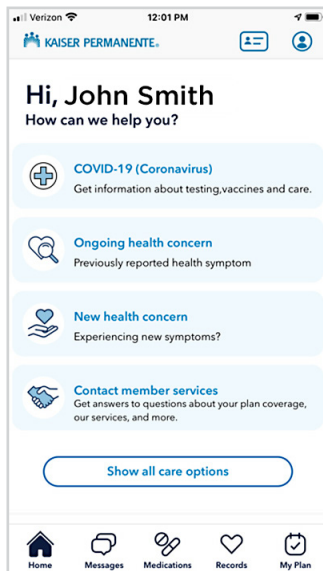
1. Download the **Kaiser Permanente Washington** app. (Note: Only the **Kaiser Permanente Washington** app will work for Washington members. You won't be able to sign in with the Kaiser Permanente app.)
2. Launch the app.
3. Register using your **member ID number** to access your online account.
4. Start accessing great services, right from your phone!



Teens ages 13 to 17 can also use the app. For more information about teen online access, visit kp.org/wa/teenaccess-faq.

Get care on the go

With **Care Chat**, you can get real-time care online from a Kaiser Permanente clinician right from your phone – 24 hours a day, 7 days a week. Once you've downloaded the app, find **Care Chat** by tapping on "**Ongoing health concern**," "**New health concern**," or "**Show all care options**."



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LG0002421-52-21_BASE

