## Welcome to Kaiser Permanente, your partner for a healthy life

Your Kaiser Permanente New Member Welcome Team is ready to help you make the most of your coverage and care. To get started, complete these 3 steps:

### Register online



#### kp.org/wa/getstarted

Register to create an account as soon as you have your member ID number. Then you can sign in anytime to refill prescriptions or check your account, access virtual care, use health and wellness resources, and much more.

## Choose your doctor

#### **♀** kp.org/wa/find-a-doctor

Use the provider directory to find Kaiser Permanente doctors as well as 16,000 other highquality providers in our network. You can pick a doctor you like, and change at any time.

## Transfer your prescriptions

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It's easy. Call our New Member Welcome Team at the number below, and they'll help you transfer your prescriptions to your Kaiser Permanente coverage. After your prescriptions are transferred, sign up for our mail-order pharmacy. Most prescriptions arrive in 1-2 days and delivery is free of charge.

#### **Questions? Call our New Member Welcome Team**

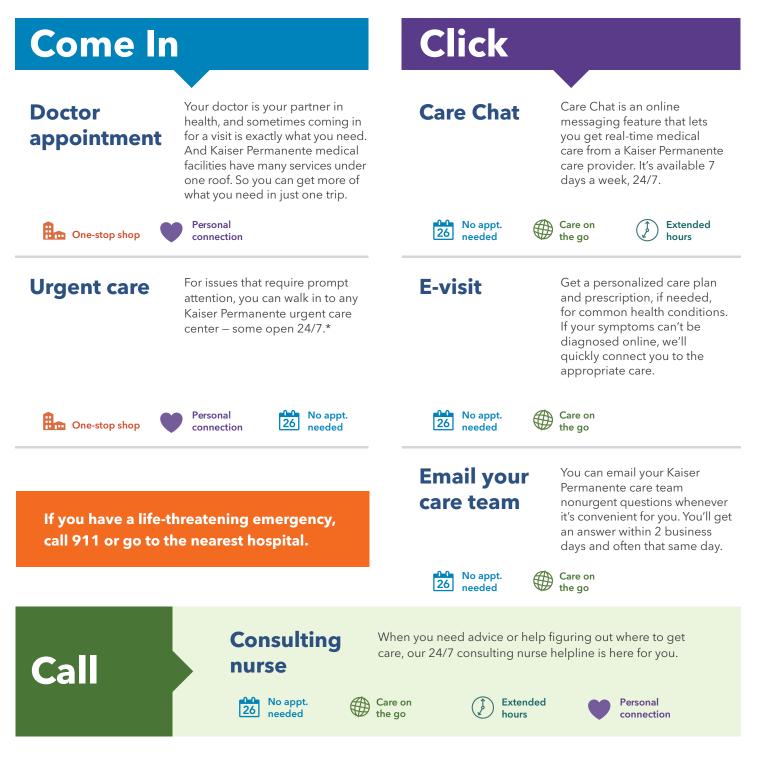
Our dedicated team can help transition any ongoing care and prescriptions to Kaiser Permanente. We can also help you find a doctor, answer plan questions, and more.

Call 206-630-0029 or 1-888-844-4607 (TTY 711).



# Find the care that fits your life.

As a Kaiser Permanente member, you have many ways to get high-quality care when you want it:



#### For more information about these care options, visit **kp.org/wa/getcare**.

Telehealth is not available for Medicare Fee-For-Service patients. Virtual care is offered when appropriate and available. If you travel out of state, virtual care could be limited due to state laws that may prevent doctors from providing care across state lines. Laws differ by state.

\*Visit kp.org/wa/directory for all care locations available on your plan.

