

A woman with reddish hair is smiling and looking upwards, carrying a baby on her shoulders. The baby is pointing towards a mountain range in the background. The scene is set in a lush green forest with mountains in the distance.

# Get medical care **anytime, anywhere**

**Don't forget to take advantage of Health Advocate's Telemedicine Program, powered by MeMD!**

Available 24/7, the program is a convenient and affordable option when you need care right away for minor health issues.



**HealthAdvocate**<sup>SM</sup>



# 24/7 access to care

Health Advocate's Telemedicine Program, powered by MeMD, gives you and your family immediate access to medical consultations (by webcam, app or phone) for non-urgent illnesses and injuries.

**Anytime, day or night.**

No more waiting for doctor appointments or spending hours in the Emergency Room for routine health issues. Get better, faster (and save money!) by connecting with a board-certified MeMD medical provider — no matter where you are or what time it is.

**You'll get a diagnosis, treatment and even a prescription if you need it.**

## Hassle-free care for everyday issues

Use the program as often as you like for help with a wide range of common health problems. If your issue is more serious, you'll be referred to the nearest urgent care center or the ER.

- Colds, fever, sore throat and flu
- Nausea, vomiting and diarrhea
- Allergies, hives and skin infections
- Bites and stings
- Minor headaches and body aches
- Eye infections, conjunctivitis
- Urinary tract infections
- Scrapes, strains and bruises
- Short-term medication refills
- **And much more**

## Available to the whole family

You, your spouse, dependents, parents and parents-in-law can all take advantage of your Telemedicine Program.

## Convenient and affordable

Best of all, the program is available to you and your family at a special discounted rate of only \$35 per consult!



## It's Easy to Get Started!

To request a confidential consult, simply log in to the Health Advocate member website and click the "Telemedicine" button (under "Health"). You'll be connected directly to the MeMD portal.

If you would like to begin your consultation over the phone, don't have internet access or have a question about the telemedicine service, call MeMD.

**MeMD: 844.800.7110**

## One-on-one, expert support

Remember, our Personal Health Advocates can help with any follow-ups like finding doctors, making appointments and more. They can also help resolve a wide range of other healthcare and insurance-related issues.

**HealthAdvocate.com/lakesideindustries**  
**866.799.2691**

All medical consultations and treatment plans are confidential and the sole responsibility of the individual requesting services and the provider in MeMD's network who conducts the consultation. Health Advocate is not responsible for any outcome as a result of consultation with any MeMD provider. MeMD is not a replacement for your primary care physician or annual office checkups.

West's Health Advocate Solutions is not a direct medical care provider, and is not affiliated with any insurance company or third party provider.