



LAKESIDE INDUSTRIES WALKING PROGRAM
 Rewards Redemption Form



Earn rewards for walking, running and biking. Lakeside Industries will reward qualified employees who reach a certain number of miles.

Employee Name:	
Employee #:	Division:

Payable when you have reached a milestone below. To receive Reward:

1. Must be admin, non-union employee. Program begins 1st of the month following date of hire. Spouses are not eligible.
2. Track steps using a fitness tracking device such as a pedometer, Fitbit, etc.
3. Submit proof of steps/miles. (Example: printout from fitness tracking device, spreadsheet of tracked miles, etc.)
4. Submit this form along with mileage tracking to Human Resources.

Submit:

1. This form
2. Proof of steps/miles

Rewards:

100 miles = \$10 Amazon gift card

200 miles = \$25 Amazon gift card

400 miles = \$50 Amazon gift card or \$85 Amazon gift card (if you did not redeem for 100/200 miles)

800 miles = One day of PTO! (If PTO day is earned in 4th quarter, it can be rewarded the following year if preferred. Please note this below under "Reward Requesting".)

Note: Miles roll over year to year. (Ex: You are at 700 miles as of December 30th, you can continue to reach 800 miles into the next year to redeem your PTO day. You do not need to start the counting over on January 1.)

My signature below indicates that the information submitted in this request is true and accurate. I understand that falsification of information could result in the loss of the Walking Program rewards in future months.

Signature: _____ Date: _____

Reward requesting: *(Check all that apply. Will be verified by HR.)*

- \$10 GC (100 miles)
 \$25 GC (200 miles)
 \$50 GC (400 miles)
 \$85 GC (if you did not previously redeem for 100/200 miles)
 PTO Day (800 miles)

Lakeside Industries reserves the right to modify or discontinue this program at any time.