



# Getting Started with HMA

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**With these three resources, get the most out of your healthcare:**

- HMA Member Portal – Accessible via the web or Mobile App, quickly access your benefits and services
- Provider Search – Using provider search you can find providers that are in-network
- Healthcare Bluebook Price Comparison Tool – Get personalized cost estimates for medical procedures

**HMA**

# Quickly access your benefits and services

## Create an account

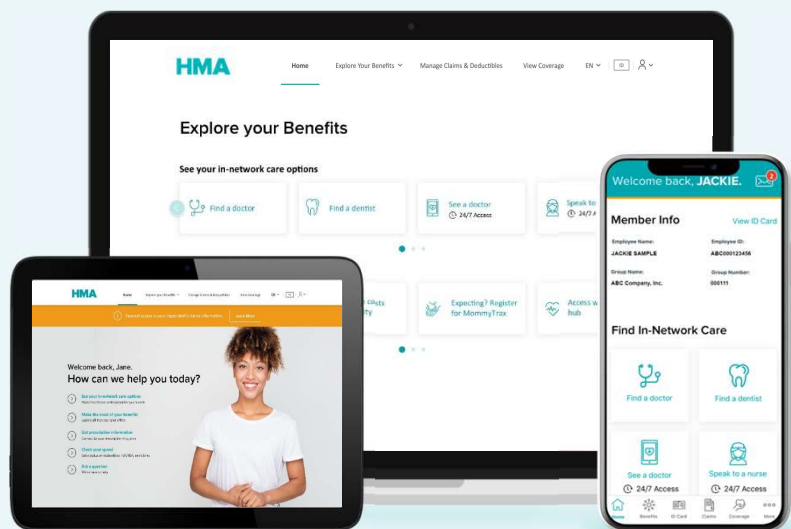
Visit [accesshma.com](https://accesshma.com) to create an account.

If you are an existing member, scan the QR code to login.



Scan Here

Download for free on the App Store or Google Play  
Search "HMA App"



The member portal is only supported in the latest version of Chrome, Edge, Safari, and Firefox

## Use the Member portal to link to your health plan and gain access to the following:

- ✓ Get a digital copy of your ID card to view, print, or share
- ✓ Access Claims and Benefits: Check the status of your claims, view yearly deductibles, copays, and out-of-pocket maximums for your entire family.
- ✓ Find in-network providers or hospitals
- ✓ Explore additional services and discounts offered by your plan.

If you need additional help, contact our [HMA Customer Care Team](#) by calling the number on the back of you Member ID card Monday-Friday 6:00 am– 6:00 pm PT.



Visit [accesshma.com](https://accesshma.com) to log in to your HMA account

# Provider Search

This tool helps you identify healthcare professionals and facilities within your health plan's network.

Get started by visiting [www.accesshma.com/find-a-provider](http://www.accesshma.com/find-a-provider)

## Access information on how to....

Check if a Provider, Specialist, or Facility is In-network

1

Enter a location. You can also switch to your current location by

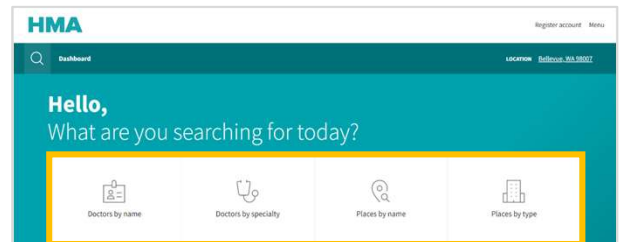
 Use my current location



2

Select one of the category boxes to search

- **Doctors by name:** a specific doctor.
- **Doctors by specialty:** doctors who specialize in a certain condition.
- **Places by name:** hospital or facility name
- **Places by type:** labs, hospitals, urgent care facility or emergency services.



3

Refine your search results by selecting “**More Filters**”

**In-person care (56930)** Remote services (926)

25 miles 

**More filters**

Providers and facilities not listed in provider search are out-of-network. Please refer to your Summary Plan Description for information about the out-of-network benefits available under your Plan.

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# Price Comparison Tool

Powered by **Healthcare Bluebook**

Get personalized cost estimates for your medical procedures.

In minutes, compare personalized out of pocket cost estimates for thousands of medical procedures and make informed decisions about your care.

## What is a Fair Price?

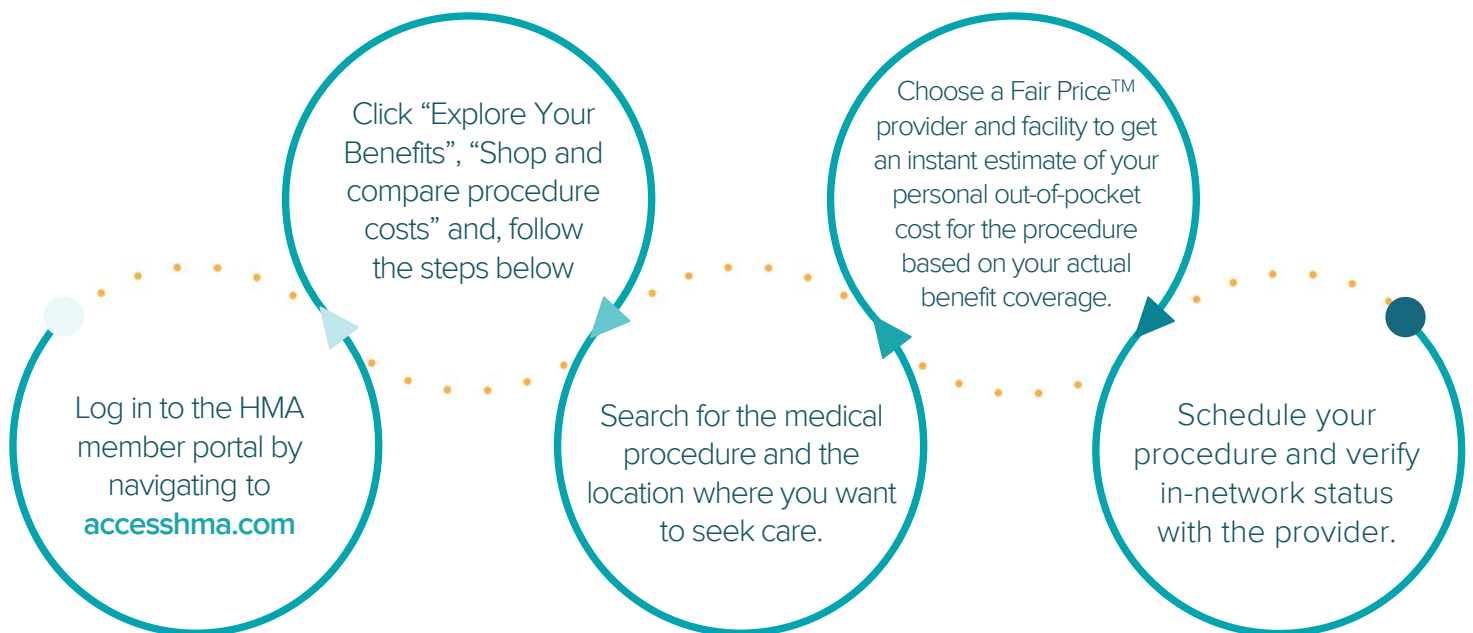
A Fair Price is the reasonable amount you should expect to pay for a procedure or medical service.

Healthcare Bluebook uses the green, yellow and red color signs to guide you to Fair Price™ facilities.



## Example of how the Price Comparison Tool works

### Total Knee Replacement



\*\*Always check network status before receiving scheduled services.

**For additional support contact Customer Care at 1-800-869-7093 Monday through Friday, between 6:00 a.m. – 6:00 p.m. PT.**

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