Coverage Period: 01/01/2023 – 12/31/2023 Coverage for: Individual, Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 206-505-9500. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.dol.gov/ebsa/healthreform or call 206-505-9500 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$1,000 person / \$3,000 family for Preferred Network. There is no deductible limit for Participating & Out-of-Networks.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. ABA therapy, breast pumps, chemical dependency outpatient professional, Cologuard medical & preventive, flu shots, gene therapy travel, hearing aids & exams, immunizations, massage therapy, mental nervous outpatient professional, transplant expenses (travel, meals, lodging) and urgent care facility for all Networks. Preventive care & services for Preferred & Participating Networks. Allergy injections, genetic testing, outpatient office visits & services and laboratory for Preferred Network.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>costsharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other <u>deductibles</u> for specific services?	No. There are no other specific <u>deductibles</u> .	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$3,600 person / \$10,800 family for Preferred Network. There is no Out-of-pocket limit for Participating & Out-of-Network.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Penalties, ineligible charges, premiums, balance-billed charges and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.accessrga.com or call 1-866-738-3924 for a list of network providers.	You pay the least if you use a <u>provider</u> in the Preferred Network. You pay more if you use a <u>provider</u> in the Participating Network. You will pay the most if you use an <u>out-of-network provider</u> and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's

		charge and what your <u>plan</u> pays (balance billing). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

	What You Will Pay				
Common Medical Event	Services You May Need	Preferred Provider (You will pay the least)	Participating or Out-of- Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness	\$25/visit, <u>deductible</u> does not apply	Not covered	none	
	Specialist visit	\$50/visit, <u>deductible</u> does not apply	Not covered	none	
If you visit a health care provider's office or clinic	Preventive care/screening/immunization	No charge, <u>deductible</u> does not apply	Participating Network: No charge, <u>deductible</u> does not apply	Out-of-Network breast pumps, flu shots, immunizations covered at no charge, deductible does not apply. You may have to pay for services that aren't preventive. Ask your provider if the services needed are	
			Out-of-Network: Not covered	preventive, then check what your plan will pay for.	
If you have a test	Diagnostic test (x-ray, blood work)	20% coinsurance, deductible does not apply	Not covered	none	
	Imaging (CT/PET scans, MRIs)	20% coinsurance	Not covered	none	
If you need drugs to	Generic drugs	\$10 copay for retail 30-day supply; \$20 copay for retail or mail order 90-day supply		Covers up to a 00 day avanly (retail and real	
treat your illness or condition More information about prescription drug	Preferred brand drugs	\$35 copay for retail 30-day supply; \$70 copay for retail or mail order 90-day supply		Covers up to a 90-day supply (retail and mail order prescription). See plan document for non-use of generic drug penalty.	
	Non-preferred brand drugs	\$70 copay for retail 30-day supply; \$140 copay for retail or mail order 90-day supply		non-use of generic drug penalty.	
coverage is available at www.caremark.com	Specialty drugs	\$110 copay for 30-day supply; \$220 copay for 90-day supply		Must be filled through CVS Specialty Pharmacy. Please contact CVS Caremark for more information on what is covered.	

	What You Will Pay			
Common Medical Event	Services You May Need	Preferred Provider (You will pay the least)	Participating or Out-of- Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	\$100/visit, then 20% coinsurance	Not covered	Preauthorization is required.
surgery	Physician/surgeon fees	20% coinsurance	Not covered	none
	Emergency room care	\$1	50/visit	Copay waived if admitted.
If you need immediate medical attention	Emergency medical transportation	20% coinsurance		none
	Urgent care	\$35/visit, <u>deduc</u>	tible does not apply	none
If you have a hospital	Facility fee (e.g., hospital room)	\$200/visit per admit, then 20% coinsurance	Not covered	Preauthorization is required.
stay	Physician/surgeon fees	20% coinsurance	Not covered	none
		Facility: 20% coinsurance	Facility: Not covered	Preauthorization is required for partial hospitalization or intensive outpatient.
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Professional: \$25/visit, <u>deductible</u> does not apply	Professional: \$25/visit, <u>deductible</u> does not apply	
	Inpatient services	\$200/visit per admit, then 20% coinsurance	Not covered	Preauthorization is required. Residential treatment is covered.
	Office visits	20% coinsurance	Not covered	Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.)
If you are pregnant	Childbirth/delivery professional services	20% coinsurance	Not covered	none
	Childbirth/delivery facility services	\$200/visit per admit, then 20% coinsurance	Not covered	Hospital stays that extend beyond 48 hours for a normal vaginal delivery or beyond 96 hours for a cesarean section must be preauthorized at the time your provider recommends the extended stay.

		What You Will Pay			
Common Medical Event	Services You May Need	Preferred Provider (You will pay the least)	Participating or Out-of- Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Home health care	No charge	Not covered	Preauthorization is required. Limited to 130 visits per calendar year.	
If you need help recovering or have	Rehabilitation services	Outpatient: \$50/visit, deductible does not apply Inpatient: No charge	Not covered	Preauthorization is required for inpatient and limited to no maximum. Outpatient is limited to a 60-visit calendar year maximum, with an additional 30 visits for brain, spinal cord injuries, or the treatment of a stroke. Outpatient for autism related rehabilitation has no maximum. Swim therapy is not covered.	
other special health needs		Not covered	Neurodevelopmental therapy is covered under outpatient rehabilitation with no age limit.		
	Skilled nursing care	20% coinsurance	Not covered	Preauthorization is required. Limited to 120 day per calendar year maximum.	
	Durable medical equipment	No charge	Not covered	Preauthorization is required for equipment over \$2,000.	
	Hospice services	No charge	Not covered	Preauthorization is required.	
	Children's eye exam	nildren's eye exam Not included		If enrolled, please refer to plan document.	
If your child needs dental or eye care	Children's glasses	Not included		If enrolled, please refer to plan document.	
	Children's dental check-up	Not covered		Please contact dental benefit administrator.	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Bariatric surgery
- Cosmetic surgery
- Dental care (Adult)
- Habilitation services

- Infertility treatment (except for testing)
- Long-term care
 - Non-emergency care when traveling outside the U.S.
- Routine eye care (Adult)
- Routine foot care (except for diabetes)
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture (26 visits per calendar year)
- Chiropractic care (26 visits per calendar year)
- Hearing aids (\$3,000 maximum every 3 calendar vears)
- Private-duty nursing (130-visit yearly limit)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Allegiance, 800-259-2738, and the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: 1-866-738-3924, and the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>www.dol.gov/ebsa/healthreform</u>.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al 1-866-738-3924.]

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-866-738-3924.]

[Chinese (中文): 如果需要中文的帮助,请拨打这个号码1-866-738-3924.]

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-866-738-3924.]

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u> \$1,000

■ Specialist copayment \$50

■ Hospital (facility) copay, coins \$200, 20%

■ Other coinsurance 20%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700

In this example, Peg would pay:

<u> </u>		
Cost Sharing		
<u>Deductibles</u>	\$1,000	
<u>Copayments</u>	\$210	
Coinsurance	\$1,990	
What isn't covered		
Limits or exclusions \$60		
The total Peg would pay is	\$3,260	

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible \$1,000

■ Specialist copayment \$50

■ Hospital (facility) copay, coins \$200, 20%

■ Other coinsurance 20%

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

Diagnostic tests (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

Total Example Cost	\$5,600

In this example, Joe would pay:

Cost Sharing		
<u>Deductibles</u>	\$00	
<u>Copayments</u>	\$710	
Coinsurance	\$20	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$750	

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible \$1,000

■ <u>Specialist</u> copayment \$50

■ Hospital (facility) copay, coins \$200, 20%

Other coinsurance 20%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800

In this example, Mia would pay:

Cost Sharing		
<u>Deductibles</u>	\$1,000	
Copayments	\$400	
Coinsurance	\$20	
What isn't covered		
Limits or exclusions	\$00	
The total Mia would pay is	\$1,420	